

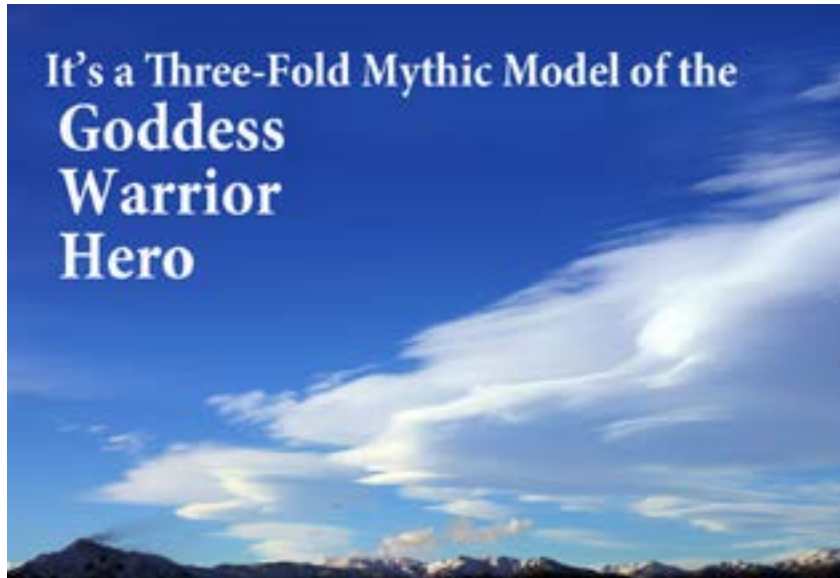
Introducing: The Model and Toolkit

All humanity is influenced by
invisible archetypes that live in the
collective unconscious, shape our behavior,
and influence our inner world.

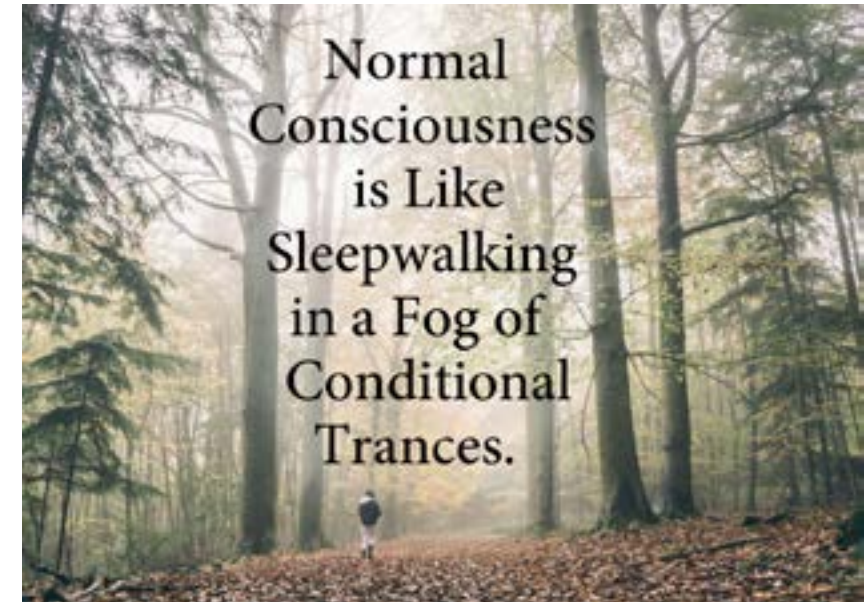
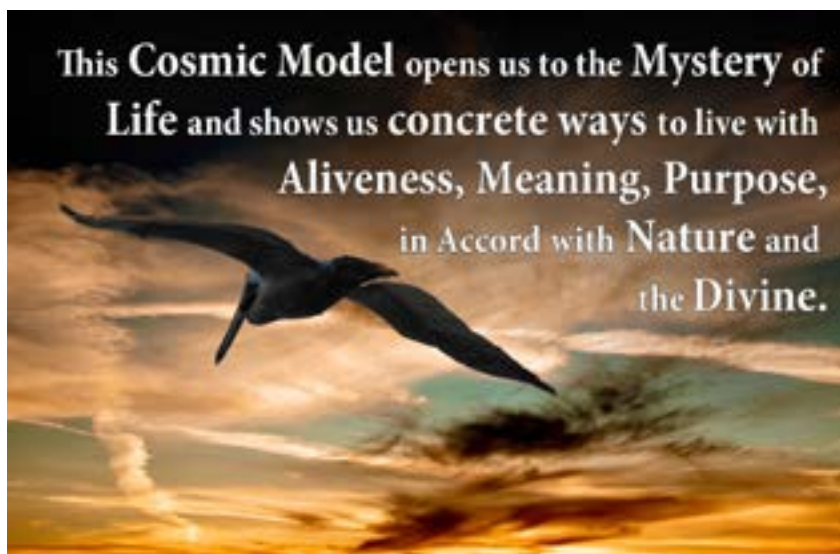
Carl Jung

A new myth emerges. Based on the best of the Collective Unconscious, the time-honored model of the Goddess, the Warrior, and the Hero opens us to the mystery of life and shows us concrete ways to live with aliveness, meaning, and purpose in accord with nature and the Divine.





Although normal consciousness is like sleepwalking in a fog of conditional trances, this three-fold, healing, mythic archetype gives us a map and the keys to wake up, be happy, and manifest.



I have combined the Goddess and Warrior together as an integrated and balanced archetype. Together with the Hero's Journey, they form an inspired step-by-step, self-help course.

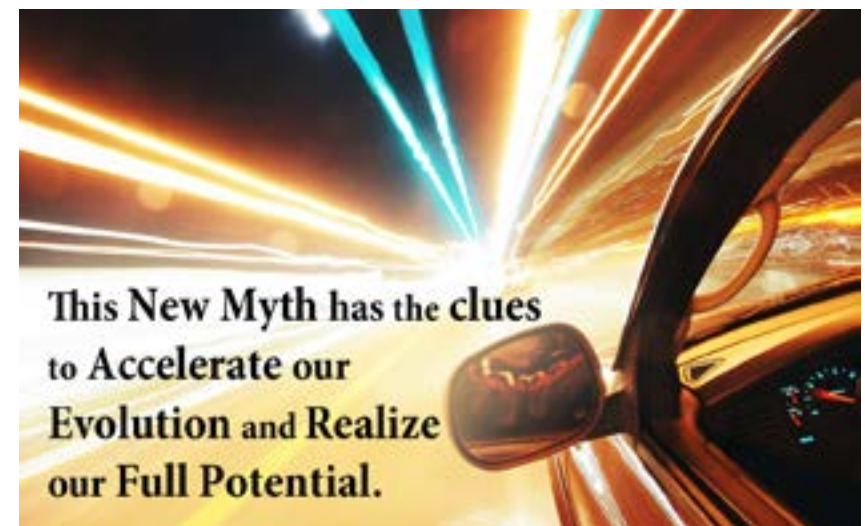




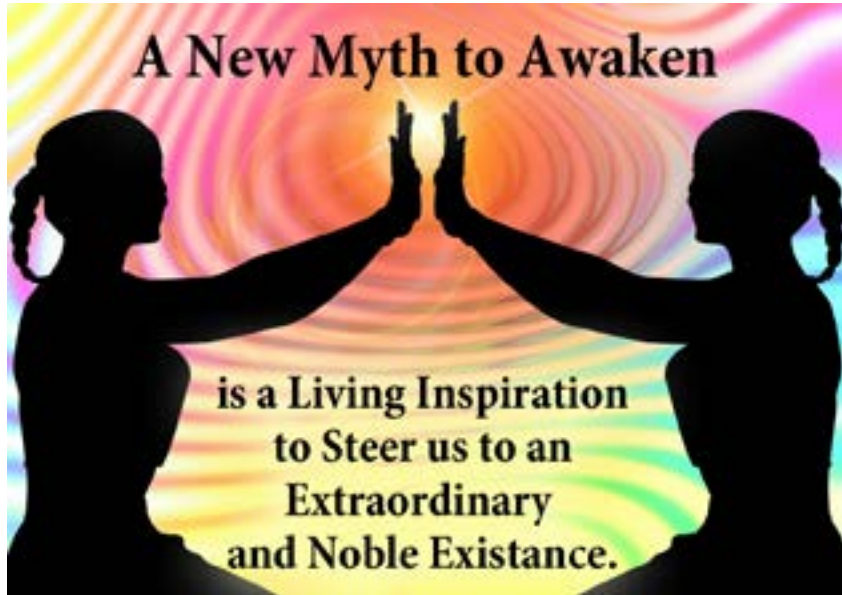
Joseph Campbell said, "Myths aren't events that never happened. They are the stories that are always happening."



Nelson Mandela said, "Sometimes it falls upon a generation to be great. You can be that great generation." If you are ready to embark on or recommit to the great spiritual adventure, this new myth has the clues to accelerate your evolution and realize your full potential.



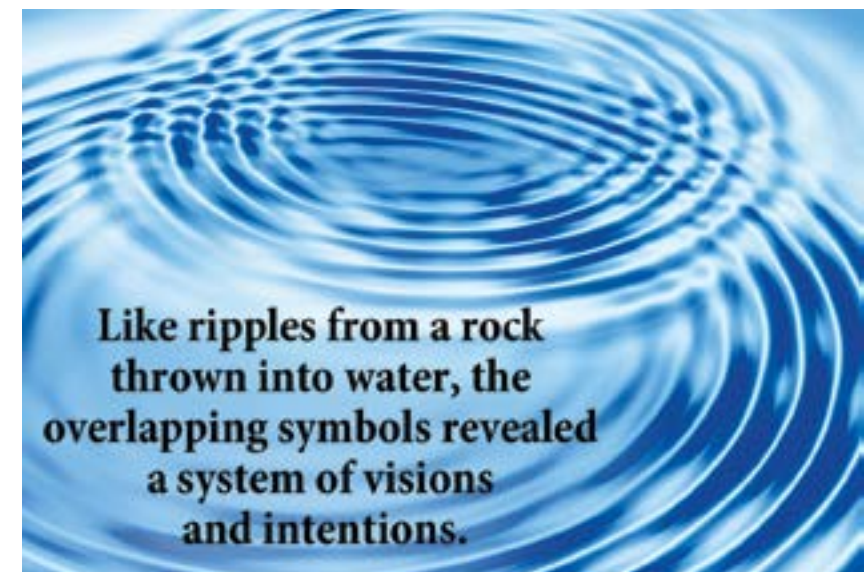
The Goddess Warrior on the Hero's Journey are interrelated archetypes. They make up this new myth, which is a living inspiration to steer us to an extraordinary and noble existence.

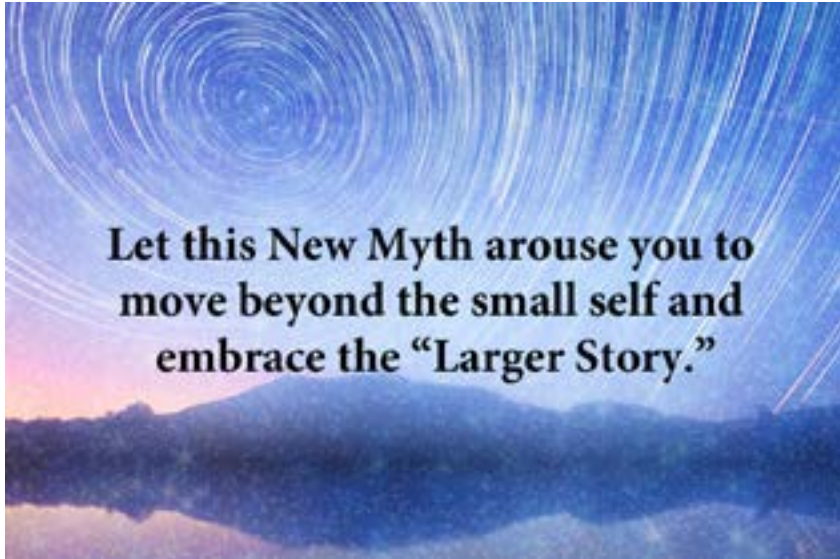


For the last four decades, I have been on a long and often solitary journey of researching and writing about metaphysical and psychological systems, mythology, and spiritual teachers. I blended the archetypes with personal and ancient stories, reflective inquiry, directive codes, and artistic imagery. I have been inspired with these archetypes and during my process, I repeatedly had the image of polishing a jewel. Slowly the multi-layered symbols infused my consciousness to become a precious and enlightening resource. Like ripples from a rock thrown into the water, the overlapping meanings revealed a system of visions and intentions. What evolved was **A Toolkit for Awakening**, a series of practical, motivational, life-changing, and life-enhancing guidebooks.



For beginners, the model and the toolkit are a summons to start the quest, and for the seasoned sacred traveler, they are a meditative remembrance of how to move on the path. My friend Barbara Goff said, “Your books remind me of what I know, but am not doing. They joggle my memory, help me focus, and propel me to act.”





Please join this sacred expedition in this potent and accelerated time. My hope is this model and series will be a herald, arousing you to move beyond the small self and embrace the “Larger Story,” as Jean Houston calls it. Embodying these archetypes is not our ultimate goal, but the steps to getting there. All along we are reminded that our true goal is remembering our spiritual Source.

Awaken a New Myth, is an invitation and an overview to help us travel the spiritual path as a life-long excursion. After hearing the “Call to Adventure,” we are taught to see life as transparent or how our outer world reflects our inner world. We are to find more meaning, purpose, happiness, and “follow our bliss” as well as be encouraged to make a practical plan and take time for silence.

The spiritual journey is a collective calling. We can help each other. Our awakening depends on all of us, for when one of us wins, we all win.



My vision is you will be motivated to use these books, invite your friends to use them, and that together we can co-create a supportive team. Let’s assist, encourage, and empower each other to personify this model and move beyond our conditional restrictions.



Please stay connected by going to my website at www.soul-source.org, and by signing up for my blog. Consider co-creating with me and like-minded others. Co-creation can mean anything from utilizing the principles, leaving a review, or sharing in the mission. It is by being together that we can become a catalyst for positive change and make a difference personally and in the world.

As we end this chapter, as with all the following chapters, I leave you with an verbal and a visual affirmation to distill the essence of what we have covered.



I acknowledge the Goddess Warrior and the Hero as archetypical giants as well as my openness and willingness to wake-up, manifest, and transform.

1.

Activating the Awakening

We must awaken and stay awake,
not by mechanical means,
but by a constant expectation of the dawn.

Henry David Thoreau

Normal consciousness is a series of disconnected trances. Waking up from our automatic patterns is the heart of the spiritual journey. Ponder this story:

Poonjaji, an enlightened teacher, said we are like rolling waves on the ocean. Each wave continually races toward and crashes upon the shore. Every wave has its own unique expression, rhythm, and size. One day a little ocean wave in its curiosity asks an older, bigger wave, "You seem like a wise old wave that has traveled far and wide, maybe you can tell me. Is there such a thing as an ocean?" The old wave smiled and said, "Well I've heard of the ocean, but I haven't actually seen it."

